

# Ballyboden St. Endas Summer Camp 2010

The Summer Camp will be staffed by qualified coaches and supervised by our own full-time coaches Brian O'Regan and Paul McLoughlin.

**€75**

- Ballyboden St. Endas Summer Camp Kit
- Home Practice Advice
- Full range of Gaelic games skills thought by qualified and accredited coaches Skill Competitions
- Fun Games
- Mini-leagues
- Optional trips to Croke Park, The Zoo & Fort Lucan
- Optional supervised water-fight
- Extra goodies on Final Week
- Free Dublin kit for winner of 24:7 challenge
- Personality of the camp awards
- Use of Astro turf pitch
- Water games

For Boys and Girls in the 5 to 12 age group.

WK	DATE	COACHING CONTENT	ACTIVITIES	TRIPS
1	July 12-16 VHI Cul Camp	FUNDamentals + Hurling and Football Skills	Football/Hurling Mini Leagues and superstars competition for all children	 Croke Park €15
2	July 19-23 GAA & All Sports	FUNDamentals + All Sports + Hurling and Football	Gaelic Football, Hurling, Tennis, Soccer, Rugby, Volleyball, Obstacle Courses, Beachball, Aussie Rules, Athletics, Basketball, Mini Leagues, Superstar Competitions, Skill Races, Face Painting and lots, lots more.	Zoo €15
3	July 26-30 GAA & All Sports	FUNDamentals + All Sports + Hurling and Football	Gaelic Football, Hurling, Tennis, Soccer, Rugby, Volleyball, Obstacle Courses, Beachball, Aussie Rules, Athletics, Basketball, Mini Leagues, Superstar Competitions, Skill Races, Face Painting and lots, lots more.	Croke Park €15
4	August 9-13 GAA & All Sports (Water Games)	FUNDamentals + All Sports + Hurling and Football	Gaelic Football, Hurling, Tennis, Soccer, Rugby, Volleyball, Obstacle Courses, Beachball, Aussie Rules, Athletics, Basketball, Mini Leagues, Superstar Competitions, Skill Races, Face Painting and lots, lots more.	Fort Lucan €15
5	August 16-20 GAA & All Sports (Water Games)	FUNDamentals + All Sports + Hurling and Football	Gaelic Football, Hurling, Tennis, Soccer, Rugby, Volleyball, Obstacle Courses, Beachball, Aussie Rules, Athletics, Basketball, Mini Leagues, Superstar Competitions, Skill Races, Face Painting and lots, lots more.	Zoo €15
6	August 23-27 GAA & All Sports	FUNDamentals + All Sports + Hurling and Football	Gaelic Football, Hurling, Tennis, Soccer, Rugby, Volleyball, Obstacle Courses, Beachball, Aussie Rules, Athletics, Basketball, Mini Leagues, Superstar Competitions, Skill Races, Face Painting and lots, lots more.	Fort Lucan €15

## NEW THIS YEAR!

- New Style Summer Camp Kit
- New Summer Camp Ballyboden Bag
- All Sports, Football & Hurling on all weeks!



### What to Bring Each Day

- A Healthy Packed Lunch
- Suitable Playing Gear – tracksuit, shorts, runners, football boots
- Change of Gear on Wet Days
- Rain Gear
- Your own Hurl/Helmet, if not, they can be provided
- Children will receive Fruit on certain days as part of Healthy Eating Advice



## Application Form

The Camps will cater for boys and girls in the 5 to 12 Age Group

Date	Code	Tick Box	Trí Ghaeilge	Day Trip
July 12-16	VHI Cul Camp	<input type="checkbox"/>	<input type="checkbox"/>	Croke Park Yes/No <input type="checkbox"/>
July 19-23	GAA & All Sports	<input type="checkbox"/>	<input type="checkbox"/>	Zoo Yes/No <input type="checkbox"/>
July 26-30	GAA & All Sports	<input type="checkbox"/>	<input type="checkbox"/>	Croke Park Yes/No <input type="checkbox"/>
Aug 9-13	GAA & All Sports	<input type="checkbox"/>	<input type="checkbox"/>	Fort Lucan Yes/No <input type="checkbox"/>
Aug 16-20	GAA & All Sports	<input type="checkbox"/>	<input type="checkbox"/>	Zoo Yes/No <input type="checkbox"/>
Aug. 23-27	GAA & All Sports	<input type="checkbox"/>	<input type="checkbox"/>	Fort Lucan Yes/No <input type="checkbox"/>

Ainm/Name (Block Letters) \_\_\_\_\_

Aois/Age \_\_\_\_\_ Breith Lá/Date of Birth \_\_\_\_\_

Seoladh/Address \_\_\_\_\_

Fón/Tel. No – Home: \_\_\_\_\_ Mobile: \_\_\_\_\_

Email \_\_\_\_\_

Scoil/School \_\_\_\_\_

Foireann/Club Team \_\_\_\_\_

Eolas Leighis/Any Medical Notes \_\_\_\_\_

I give permission to bring my child to hospital in case of emergency and authorise all medical/surgical procedures as advised by a treating doctor

Siniú/Signed \_\_\_\_\_  
Parent/Guardian

Cheques should be made payable to: **BALLYBODEN ST. ENDAS, GAA CAMOGIE & LADIES FOOTBALL CLUB.**

Return Form to:  
**Brian O'Regan/ Paul Mc Loughlin,  
c/o Ballyboden St. Endas GAA Camogie & Ladies Football Club, Firhouse Road, Dublin 16.**

The appropriate fee of €75 must accompany this application form. An additional fee of Croke Park (€15), Zoo (€15) or Fort Lucan (€15) for children going on these trips. Refunds are not given, except in exceptional circumstances, left to the Discretion of the Camp Co-ordinator.

# GAA & ALL SPORTS

Gaelic games, rugby, basketball, handball, volleyball, soccer, tennis, athletics and skills wall games. Kids will develop their all round sporting ability, and most importantly everyone will have fun!



## INCLUDES:

- personalities,
- Face Painting,
- games,
- fun,
- obstacle courses,
- water games
- coaches Fancy Dress match ....



## COACHES FANCY DRESS MATCH



## Camp Info

- New Style Summer Camp Kit
- New Summer Camp Ballyboden Bag
- All coaches are Croke Park Accredited
- All children will receive quality coaching on their FUNdamentals movement skills.
- Official coaching skills certificate in addition to home practice advice.
- Healthy kids initiative (nutritional advice).
- FUNdamentals coaching programme each day.
- All coaches are qualified to deliver fundamental coaching.
- Updated registration system.

## Age Groups

Ballyboden St. Endas Summer Camp - 5-12 Years

## Camp Times

Monday to Friday 9.45am to 2.30pm. However on Mondays children should arrive at 9.30am.

## Important

We ask parents to submit applications prior to the Monday morning of the relevant week. Applicants who arrive on the Monday morning cause disruption to the camp and delay the start for everyone. Therefore Monday morning applicants will be registered separately.

**FREE FREE FREE**





**Free VHI Kit & Bag on week 1**  
**New Ballyboden Summer Camp Kit, Mini Ball & Summer Camp Bag.**



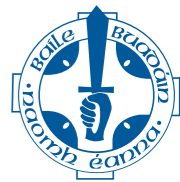
Paul McLoughlin Co-Ordinator  
Mobile: 086-3350136



Brian O'Regan Co-Ordinator  
Mobile: 087-6998649



# Ballyboden St. Endas Summer Camp 2010



## For Boys and Girls Aged - 5-12

## Ballyboden St. Endas

GAA Camogie & Ladies Football Club,  
Firhouse Road, Dublin 16 - [www.bodengaa.ie](http://www.bodengaa.ie)



## Contact Details

**Brian O'Regan** Co-Ordinator 087-6998649  
**Paul McLoughlin** Co-Ordinator 086-3350136

In association with:

