

Conference Details...

CONFERENCE PROGRAMME:

NEW AND IMPROVED CONFERENCE SCHEDULE FORMAT

In response to the demand expressed by delegates the GAA National Coaching Conference 2005 includes an increased and varied conference programme which includes 2 parallel sessions offering delegates a choice of 5 different speaker sessions reflecting key issues in both Hurling and Gaelic Football. Michael Lester, RTE Sunday Game Live Presenter, will be the master of ceremony using his experience and know how to deliver an expert led coach education conference. In addition delegates will be offered the opportunity to have their say on the day through an interactive polling system which offers each delegate a unique opportunity to interact and shape opinion at this lively forum.

CONFERENCE FEE

The cost of attending the conference is €100. In return for this fee each delegate receives an official conference pack containing, a CD-Rom of the speaker presentations, a Conference Magazine, and delegate badge all contained in a specially designed folder. In addition lunch plus tea and coffee will be provided to each delegate in DCU's Restaurant facility. Car park tickets for the Helix car park will also be on sale for the subsidised price of €3 per delegate.

CONFERENCE LOCATION

The Helix in Dublin City University offers a perfect location yet again for this year's conference. The Mahony Hall which is the magnificent centerpiece of the Helix offers a unique capacity to deliver this conference in a modern world class conference setting.

DIRECTIONS FROM THE M50 NORTHBOUND

Leave the M50 at the Ballymun exit, take the second exit on the roundabout and drive through Ballymun. Take the 2nd turn on the left on to Collins Avenue (at the traffic lights). Take a right at the second set of traffic lights to enter DCU.

DIRECTIONS FROM THE CITY CENTRE

Drive towards Drumcondra on the N1 towards the M1. Continue past the junction at Griffith Avenue until you reach the junction at Whitehall. Turn left onto Collins Avenue at the Crossroads. Continue along Collins Avenue until you pass St. Aidans CBS on the left hand side. Take the left just after the school to enter DCU.

REGISTRATION FORMAT

Please send your name and address plus a cheque/bank draft made payable to 'GAA National Coaching Conference 2005' to the address below. Upon receipt the GAA conference team will issue you with a conference register pack confirming your attendance at this year's conference.

GAA National Coaching Conference 2005

Invent Building

DCU

Glasnevin

Dublin 9

T: (01) 7007578

F: (01) 7007555

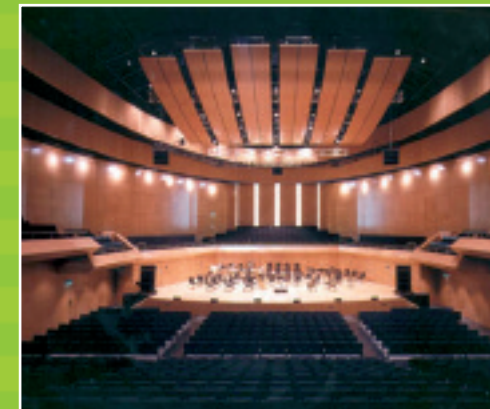
E: gnc05@dcu.ie

W: www.gamesdevelopment.gaa.ie

Kellogg's

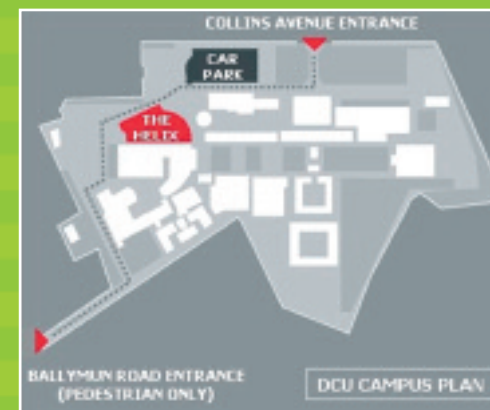


The Helix



The Mahony Hall

DCU Campus Map



GAA National Coaching Conference 2005

Delivering A New Age For Gaelic Games

THE HELIX, DUBLIN CITY UNIVERSITY, DECEMBER 3RD, 2005



GAA National Coaching Conference 2005

1 day, 22 expert speakers, 10 core GAA coaching topics all delivered in a world class conference setting!

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GAA CLUB
Hosts of Sigerson 2006

1 day, 22 expert speakers, 10 core GAA coaching topics all delivered in a world class conference setting!

OPENING WELCOME

GAA Grassroots to National Programme (GNP)

The GAA Grassroots to National Programme (GNP) is primarily about maximising participation in Gaelic Games and optimising playing standards. This, in essence, involves putting a Basic Administration Structure (BASE) in place and using this as a mechanism to ensure that:

- **Players are provided with a regular programme of meaningful games - appropriate to their needs and ability – as set out in the Pathway to Elite Performance (PEP)**
- **The games are complimented by a range of activities – these are organised on an incremental basis on and off the field of play - which enable players to achieve their true potential as part of an overall Sport Though Education Programme (STEP)**
- **PEP and STEP are underpinned by a coordinated programme of Coach Administrator and Referee Education (CARE) within which provision is made for Applied Lifelong Learning (ALL)**

These 3 strands are sometimes referred to as the DNA of the GAA as they intertwine and provide an essential blueprint in terms of the promotion and development of Gaelic Games. The process involved can be summarised by way of the following slogan (aphorism) “putting a BASE in place so that PEP and STEP are aligned and combined with CARE for ALL”.

Coaches have a key role in this regard as has the National Coaching Forum in terms of the identification and implementation of best practice. This year, a series of parallel workshops have been introduced so that a range of diverse needs can be catered for in the most effective and stimulating way possible.

The guest speakers and those involved with the panel discussions have made invaluable contributions in terms of commitment and dedication and will provide invaluable insights into how they went about getting the best out of players- at Club and County level – and identify how others can benefit from the wisdom of their experience.

The feedback from those attending indicate that the Helix is a first class choice of venue and this year it is proposed to introduce a range of technological features, which will provide a greater level of interactivity.

All in all, the Conference will bring the curtain down on what has been one of the most successful years ever in the long and distinguished history of the Association. Finally, I would like to extend my thanks to **Kellogg's** Ireland for supporting our National Coaching Forum.

Pat Daly

Pat Daly,
GAA Head of Games

“I could only marvel at the incredible level of sophistication which has been brought to GAA coaching. Saturday, November 27th, 2004 was a great day for the GAA. Mark it down!”

Eugene McGee, GAA Columnist, commenting on the GAA National Coaching Conference 2004 in the Irish Independent on November 28th 2004.

CONFERENCE PROGRAMME



TIME	TOPIC	SPEAKERS
8.30-9.30	REGISTRATION (HELIX, DCU)	
9.30-9.45	Opening welcome MC: Michael Lester, GAA Presenter, Sunday Game Live, RTE	Sean Kelly , President, GAA Páraic Duffy , Chairman, National Games Development Committee
9.45-10.00	The Grassroots to National Programme (GNP) – An Update	Pat Daly , GAA Head of Games
10.00–10.45	KEY NOTE PRESENTATION 1: Planning for Success at Club and County Level	Joe Kernan , Manager, Armagh Senior Football Team
10.45-11.15	BREAK	
11.15-12.00	KEY NOTE PRESENTATION 2: (CHOOSE ONE) A. Is “Traditional” Gaelic Football Dead?	Joe Brolly , RTE GAA Pundit Martin Carney , GAA Commentator, RTE
11.15-12.00	B. Can Hurlers be Pre-programmed to carry out a ‘Game Plan’?	Conor Hayes , Manager, Galway Senior Hurling Team Donal O’Grady , Manager, Cork Senior Hurling Team 2004
12.00-12.45	PARALLEL SESSION 1: (CHOOSE ONE) A. A Skill Development Model for Gaelic Games B. Understanding the Psychological needs of Children C. Developing Physical Literacy through Gaelic Games D. Combining Fitness and Finesse in Hurling E. Modern Trends in Conditioning for Gaelic Football: ‘Keeping Players Fresh’ - An All - Ireland Winning Perspective	Jimmy Darcy , National Coaching Coordinator, GAA Dr. Siobhain McArdle , Sports Psychologist, DCU Terence McWilliams , GAA Master Tutor, Ulster Gerry Dempsey , Trainer, Galway Senior Hurling Team Fergal McCann , Trainer, Tyrone Senior Football Team
12.45-2.00	LUNCH	
2.00-2.45	KEY NOTE PRESENTATION 3: Gaelic football – A Quarter of a Century of Reflection	Sean Boylan , Manager, Meath Senior Football Team (1980-2005)
3:00-3.45	PARALLEL SESSION 2: (CHOOSE ONE) A. A Skill Development Model for Gaelic Games B. Understanding the Needs of Children C. Developing Physical Literacy Through Gaelic Games D. Combining Fitness and Finesse in Hurling E. Modern Trends in Conditioning for Gaelic Football: ‘Keeping Players Fresh’ – An All - Ireland Winning Perspective	Jimmy Darcy , National Coaching Coordinator, GAA Dr. Siobhain McArdle , Sports Psychologist, DCU Terence McWilliams , GAA Master Tutor, Ulster Gerry Dempsey , Trainer, Galway Senior Hurling Team Fergal McCann , Trainer, Tyrone Senior Football Team
3.45-4.15	BREAK	
4.15-5.30	CLOSING FORUM Chair: Colm O’Rourke, GAA Pundit, RTE Title: Delivering A New For GAA Games: Meeting the Challenges Ahead!	Liam Griffin , Manager, Wexford All - Ireland Winning Senior Hurling Team (1996) Tony Hanahoe , Captain, Dublin All - Ireland Winning Senior Football Team, 1976 & 1977 Mickey Harte , Manager, Tyrone Senior Football Team Babs Keating , Manager, Tipperary Senior Hurling Team Eugene McGee , GAA Correspondent, Irish Independent Anthony Daly , Manager, Clare Senior Hurling Team



CONFERENCE PROGRAMME APPLICATION FORM

BEFORE COMPLETING THIS APPLICATION FORM, PLEASE TICK THE APPROPRIATE BOXES BELOW REGARDING YOUR CHOICE OF TOPICS...

KEY NOTE PRESENTATION 2: (CHOOSE ONE)..... A B

PARALLEL SESSION 1: (CHOOSE ONE)..... A B C D E

PARALLEL SESSION 2: (CHOOSE ONE)..... A B C D E

COACH DETAILS...

Name:.....

Address:.....

Email:.....

GAA Club:.....

PAYMENT DETAILS...

Cheque and bankers drafts must be free of charge to the receiver, drawn in euro and made payable to:

‘GAA Coaching Conference’

I enclose payment by (Tick Box):

Cheque: Bankers Draft: Credit Card:

Card Number:..... Expiry Date:.....

Card Holders Name:.....

Signature:..... Date:

Please post completed registration forms to:

GAA National Coaching Conference 2005

Invent Building

Dublin City University

Glasnevin

Dublin 9

Delegates are advised to book by Friday November 25th 2005.